



STAR YOUTH ASSOCIATION (SYA) - CHETHANA PROJECT, GOOTY.

VARITIES OF DISHES WITH MILLETS

Dharmapuram is a one village of Gooty Mandal in Anantapur district. There are 200 families resident in this village, our main occupation is agriculture depending on dry land only. In this dry land we are cultivated Ground nut and Redgram, we survive our families' income only in agriculture. The rice which supplied by the Government in Ration shops, that rice our diet. In festivals we are cooked kheer with rice and green grams.

In the same time Star Youth Association (SYA) introduced CHETHANA in April 2015. SYA – Chethana project conduct meeting village level farmers with discussed to the main objective of the project and importance of millets cultivation in Organic methods in the year of 2015, with less expenditure by using organic material, the village sources which are available, according to this methods increasing soil Fertility and protect the crops by pests and harmful diseases, to protect Soil, Water, Air, Food and our health pollution. The CHETHANA project conducted more awareness programmes in our village. In this programmes to compared the olden days and modern days, the old generation people eat millets and they are healthy, to do any work; now a days we are eating the production of using fertilizer food, with this we are un healthy and spent more money on medical side.



SYA-CHETHANA Project Conduct Meeting with village level farmers



SYA-CHETHANA Project Conduct a Food Recipe Demonstration Activity

SYA – CHETHANA Project staff explained in our village at the same time how to make korra idli, Ragi vada ragi laddoo and millets kheer etc. by this in our available land we are allotted some land for cultivation of millets. In our village women farmers says we are supplying family members, varities of dishes with millets (balanced diet) and the methods of cooking we are shared in our Self Help Groups (SHG) also.

THANK YOU